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Foul Food in Medieval England

By Miss Boughey

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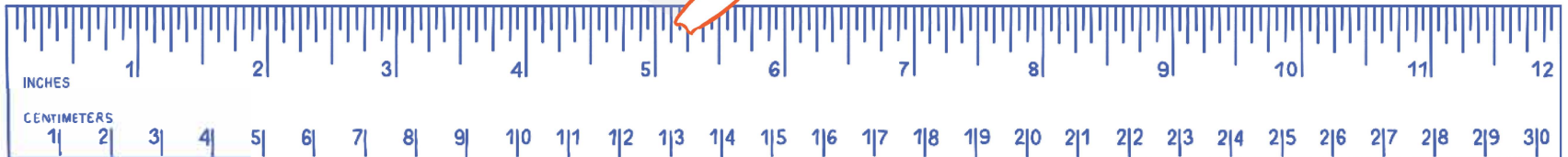


The food eaten by peasants in medieval England was very different than food eaten by rich people. Villagers ate what they grew so if their crops failed then they had no food.

Sometimes if peasants were desperate they might eat cats, dogs and rats.

Rich people always had plenty of food. They ate fresh meat, chickens and geese. Salted meat was often dried and boiled in large cauldrons and served as stew.

Meat of all kinds was eaten. Herbs, eels and salted fish were very popular.



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